

Floor 2022

| A                              | B     | C    | D    | E | F | A                                     | B | C | D  | E | F/G/H/I        |
|--------------------------------|-------|------|------|---|---|---------------------------------------|---|---|----|---|----------------|
| I. Non-Acro Elements           |       |      |      |   |   | II. Acro Forward                      |   |   |    |   |                |
| b L                            | N     | 7    |      |   |   | U                                     |   |   | mγ |   |                |
| >b                             | ^b    | Nb   | 7b   |   |   | U                                     |   |   |    |   |                |
| ↑b                             | ↑b/↑b |      | ↑b   |   |   | U                                     | U |   | U  | U |                |
| b                              | b ↑/↑ | ↑    |      |   |   |                                       | U |   |    |   |                |
| →                              | ←     | ~    |      |   |   |                                       |   | U | U  | U |                |
| bε                             | →b    | ←b   | ~↑   |   |   |                                       |   |   |    |   | U <sup>G</sup> |
| hγ                             |       |      |      |   |   |                                       | U |   |    | U | U              |
|                                | b>b   | b>Lb |      |   |   |                                       |   |   | U  |   | U <sup>H</sup> |
|                                |       |      |      |   |   | III. Acro. Backward/Arabian           |   |   |    |   |                |
| Ux                             |       |      |      |   |   | U                                     | U | U | U  | U | U <sup>G</sup> |
| ↓                              |       |      |      |   |   | U                                     | U | U | U  | U | U <sup>G</sup> |
| T P                            | U     |      |      |   |   | U                                     | U | U | U  | U | U <sup>H</sup> |
| U                              | U     |      |      |   |   | U                                     | U | U | U  | U | U <sup>H</sup> |
| B                              | Bε    | Bε   |      |   |   |                                       |   |   |    |   | U <sup>I</sup> |
| f                              | fb    | fbf  | f↑bf |   |   |                                       | U | U | U  | U |                |
|                                | bf    |      |      |   |   | U                                     |   |   | U  |   | U              |
| fφ                             | fφ    | fφb  |      |   |   |                                       |   |   |    | U | U <sup>K</sup> |
|                                | fφb   |      | fφbf |   |   |                                       |   |   | U  | U | U              |
| r                              | rr    | rr   |      |   |   |                                       |   |   |    | U | U              |
| eb                             | eβε   |      |      |   |   |                                       |   |   |    |   | U <sup>G</sup> |
|                                |       |      |      |   |   |                                       |   |   |    |   | U <sup>H</sup> |
| Maximum 2 Strength Elements    |       |      |      |   |   | Connection Bonus (no limit on amount) |   |   |    |   |                |
| Maximum 2 Circle-type Elements |       |      |      |   |   | D or higher + B or C = +0.1           |   |   |    |   |                |
|                                |       |      |      |   |   | D or higher + D or higher = +0.2      |   |   |    |   |                |

## Pommel Horse 2022

| Pommel Horse 2022                           |     |       |       |    |   |   |      |       |         |        |          |
|---|-----|-------|-------|----|---|---|------|-------|---------|--------|----------|
| A   | B   | C     | D     | E  | F | A   | B    | C     | D       | E      | F        |
| I. Scissor Elements                         |     |       |       |    |   | II. Circles, Spindles, Kehres, Russians               |      |       |         |        |          |
| X   |     | Xb    | Xb Xb |    |   | L f   | ?    |       |         |        |          |
| Xε  | X   | X     |       |    |   |   | L    |       |         |        |          |
| Xo  | Xε  | Xε    | Xε    |    |   | r L   | L    |       |         |        |          |
| Xoε   |     | Xb Xb |       |    |   | r L   | , L  |       |         |        |          |
|   | Xo  | Xo    |       |    |   | ⊗   | ⊗    | ⊗     | ⊗       | ⊗      | ⊗        |
|   | Xoε |       |       |    |   |   |      | ⊗     | ⊗       | ⊗      |          |
|   | Ub  |       |       |    |   |   |      | f b f |         | ⊗      |          |
|   |     |       |       |    |   |   |      | f b f |         |        |          |
|   |     |       |       |    |   |   |      |       | f b f   |        |          |
|   |     |       |       |    |   |   | Sa   |       | Sa f Sa |        | Sa b ε f |
|   |     |       |       |    |   |   | S    |       |         |        |          |
| ⊗   | ⌒   | ⌒     | ⌒     |    |   | K   |      |       |         | K      |          |
|   | ⊗   | ⌒     | ⌒     |    |   |   | K    | K     |         |        |          |
|   |     |       |       |    |   |   | ⌒    |       |         |        |          |
|   | /⊗  | ⌒⊗    |       |    |   | w   | R    | R     |         | R      |          |
|   | /⊗  | /⊗    | NR    | NR |   | S   | c    |       | c       |        |          |
|   |     |       |       |    |   |   |      |       |         |        |          |
|   | ⌒   | ⌒     | ⌒     | ⌒  | ⌒ | r   | r    | rr    | rrr     |        |          |
|   |     | ⌒     |       |    |   | r   | r    | rr    | rrr     |        |          |
| ⌒   | ⌒   | ⌒     | ⌒     | ⌒  |   | r   | r    | r     | rr      | rrr    |          |
|   |     | Ur    | Mb    |    |   |   |      |       |         |        |          |
|   |     |       | Be    |    |   |   |      |       |         |        |          |
|   |     |       | Tf    |    |   |   |      |       |         |        |          |
| III. Travel Type Elements                   |     |       |       |    |   | IV. Dismounts   |      |       |         |        |          |
|   |     | ⌒     | r w u | Wu |   | Cs  | Cg   |       | f b ε   | Sa b ε |          |
|   |     | Kr    | Ro    |    |   |   | r    | rr    | rrr     |        |          |
|   |     |       | R     | w  |   |   | w Cs | Sa b  | Sa b    |        |          |
|   |     | Rm    |       |    |   |   | f b  | f b   | r b     |        |          |
| Maximum 2: Full Spindle Elements            |     |       |       |    |   | Maximum 2: Handstand Elements (not incl. dismount)    |      |       |         |        |          |
| Maximum 2: 3/3 Travel with Spindle Elements |     |       |       |    |   | Maximum 2: Russian Wendeswings in same location       |      |       |         |        |          |
| Maximum 2: 3/3 Cross Travel Elements        |     |       |       |    |   | Maximum 2: Sohn-type elements (incl. flops & to HS)   |      |       |         |        |          |
| Maximum 2: Russian Travel Elements          |     |       |       |    |   | Maximum 2: Bezugo-type elements (incl. flops & to HS) |      |       |         |        |          |

### Rings 2022

| Rings 2022                           |       |     |       |       |     |                                       |       |      |       |       |        |
|--------------------------------------|-------|-----|-------|-------|-----|---------------------------------------|-------|------|-------|-------|--------|
| A                                    | B     | C   | D     | E     | F   | A                                     | B     | C    | D     | E     | F/G/H  |
| I. Kip, Swing & Swing to Handstand   |       |     |       |       |     | II. Strength & Hold Elements (2 sec.) |       |      |       |       |        |
| +                                    |       |     |       |       |     | L >                                   | N     | +    | + b   |       |        |
| ↘                                    | → ↘   |     |       |       |     | →                                     |       | →    | ↪     | ↪     |        |
| f!                                   | o     | ll  | llv   | ll/   |     | ←                                     | + t   | t    |       |       |        |
| d                                    | f >   |     |       |       |     | ↘                                     |       |      | t N   | it    |        |
| +                                    | a     |     |       |       |     | L b                                   | L b   | → b  | ↪ b   |       |        |
| l                                    | h     | h   |       |       |     | ↘                                     | ↘!    | ↘ b  | ↘ t   |       |        |
| il                                   |       | ↘   | ↘↘    |       |     |                                       | ↘     | ↘ t  |       |       |        |
| ↻                                    |       |     |       |       |     |                                       | 1 t → | 1 →  | e t   | e t N |        |
| ↻                                    | ↻     |     |       |       |     |                                       | +     | 1 L  | → t   | → ↪   | → ↪    |
| ! ↓ i                                | +     | >   | ↘     |       |     | b ↘                                   | !     | ! t  | 1 t   | → ↪   | 1 ↪    |
| ! e!                                 |       |     |       |       |     | b i                                   |       |      | ↪     | ↪ ↪   | → ↪    |
|                                      | ↻ b   | o   |       |       |     |                                       |       | t L  | t v t | t t   |        |
|                                      |       | o   |       |       |     |                                       |       |      | → t   | ↪ t   |        |
|                                      | ! ↘ b | h b | h b   |       |     |                                       |       |      | t →   | t ↪   |        |
| III. Swing to Strength Hold (2 sec.) |       |     |       |       |     | IV. Dismounts                         |       |      |       |       |        |
|                                      | + L   | + N |       |       |     |                                       |       |      |       | e →   |        |
|                                      | ↻ L   | ↻ N |       |       |     |                                       |       |      |       | e ↪   |        |
|                                      | h L   | h N | h t   | h t   |     |                                       |       |      |       | e b   | e t    |
|                                      |       |     | ↘ t   |       |     |                                       |       |      | ↘ →   | ↘ t   | e ↪    |
|                                      |       | +   | +     |       |     |                                       |       |      | ↘ t   | ↘ ↪   | → t    |
|                                      |       | +   | +     | + t N |     |                                       |       |      | 1 b   | 1 ↪   | 1 t    |
|                                      |       | ↻ t | ↻ t N |       | ↻ ↪ |                                       |       |      |       | 1 →   |        |
|                                      |       | ↻ t | ↻ →   | ↻ ↪   |     | IV. Dismounts                         |       |      |       |       |        |
|                                      |       |     |       | ↻ t   |     | ↘ ↘                                   | ↘ ↘   | ↘ ↘  | ↘ ↘   | ↘ ↘   |        |
|                                      | f ↘   | f t | f →   | f ↪   | → ↪ | ↘ ↘                                   |       | ↘ ↘  | ↘ ↘   | ↘ ↘   |        |
|                                      |       |     |       | f t   |     |                                       |       |      | ↘ ↘   | ↘ ↘   |        |
|                                      | +     | →   |       | +     | ↪   | ↘ ↘                                   | e t   | e t  |       | e t   | lll G  |
|                                      |       |     |       | +     | +   | e t                                   | llv   | ll/  |       |       | lllv H |
|                                      |       |     | e →   |       |     |                                       |       | ll e | ll e  | ll e  | ll e   |
|                                      |       |     |       |       |     |                                       |       | e t  | e t   | e t   | e t    |

| FIG Vault Values 2022                     |     |  |           |                                      |      |
|---|-----|--|-----------|--------------------------------------|------|
| <b>I. Single Saltos w/ twists</b>         |     | <b>II. Handspring</b>                      |           | <b>III. Tsuks</b>                    |      |
| 01. Hsp salto fw tu 1/1 (Cuervo tu. 1/2)  | 3.2 | 01. Handspring                             | 1.6       | 01. 1/4 on 1/4 (R off or 1/4-1/4)    | 1.6  |
| 02. Hsp salto fw tu 3/2 (Kroll)           | 3.6 | 02. Handspring 1/2                         | 1.8       | 02. 1/4 on 3/4 off                   | 1.8  |
| 03. Hsp salto fw tu 2/1 (Canbas)          | 4.0 | 03. Handspring 1/1                         | 2.0       | 03. 1/4 on 5/4 off                   | 2.0  |
| 07. Hsp salto fw p. 1/1 (Cuervo p. 1/2)   | 3.6 | 04. Handspring 3/2                         | 2.2       | 07. Tsukahara Tuck                   | 2.2  |
| 08. Hsp salto fw p. 3/2                   | 4.0 | 05. Handspring 2/1                         | 2.4       | 08. Tsukahara Pike                   | 2.4  |
| 13. Hsp salto fw str 1/1                  | 4.4 | 06. Handspring 5/2 (Tsygankov)             | 2.6       | 09. Tsukahara tu 1/2                 | 2.4  |
| 14. Hsp salto fw str 3/2 (Lou Yun)        | 4.8 | 07. Hsp salto fw Tuck                      | 2.4       | 10. Tsuk tu 1/1 ( <b>Kasamatsu</b> ) | 2.8  |
| 15. Hsp salto fw str 2/1                  | 5.2 | 08. Hsp salto fw tu 1/2 (Cuervo tu.)       | 2.8       | 13. Tsukahara Straight               | 3.2  |
| 16. Hsp salto fw str 5/2 (Yeo 2)          | 5.6 | 13. Hsp salto fw Pike                      | 2.8       | 14. Tsuk str. 1/2                    | 3.6  |
| 17. Hsp salto fw str 3/1 (Yang Hak Seon)  | 6.0 | 14. Hsp salto fw p. 1/2 (Cuervo p.)        | 3.2       | 15. Tsuk str 1/1 ( <b>Kas str</b> )  | 4.0  |
| 19. Tsuk tu 3/2 (Kas tu 1/2)              | 3.2 | 19. Hsp salto fw Straight                  | 3.6       |                                      |      |
| 20. Tsuk tu 2/1 (Barbieri)                | 3.6 | 20. Hsp salto fw str 1/2 (Cuervo str.)     | 4.0       |                                      |      |
| 25. Tsuk str 3/2 (Kas str 1/2)            | 4.4 | 25. Hsp Dbl salto fw tu (Roche)            | 5.2       | 19. Tsukahara salto bwd Tuck (Yeo)   | 5.2  |
| 26. Tsuk str 2/1 - Kas 1/1 (Akopian)      | 4.8 | 26. Roche 1/2 (Dragulescu)                 | 5.6       | 20. Tsuk salto bwd Pike (Lu Yu Fu)   | 5.6  |
| 31. Tsuk str 5/2 - Kas str 3/2 (Driggs)   | 5.2 | 28. Hsp 1/2 Dbl salto bwd tu (Zimmerman)   | 5.6       | 21. Double Tsuk 1/1 (Ri Se Gwang)    | 6.0  |
| 32. Tsuk str 3/1 - Kas str 2/1 (Lopez)    | 5.6 | 31. Hsp Dbl salto fw Pike (Blanik)         | 5.6       |                                      |      |
| 33. Tsuk str 7/2 - Kas str 5/2 (Yonekura) | 6.0 | 32. Dragulescu Pike (Ri Se Gwang 2)        | 6.0       |                                      |      |
|   |     |  |           |                                      |      |
| <b>IV. Yurchenkos</b>                     |     |  |           |                                      |      |
| 01. RO hsp bwd                            | 1.6 | 31. RO 1/2 hsp fw                          | 1.8       | 55. RO 1/1 Bwd Hsp                   | 2.2  |
| 02. RO hsp bwd 1/2                        | 1.8 | 32. RO 1/2 hsp fw 1/2                      | 2.0       | 56. RO 1/1 bwd hsp 1/2               | 2.4  |
| 03. RO hsp bwd 1/1                        | 2.0 | 33. RO 1/2 hsp fw 1/1                      | 2.2       | 57. RO 1/1 bwd hsp 1/1               | 2.6  |
| 07. Yurchenko Tuck                        | 2.2 | 34. RO 1/2 Salto fw Tuck                   | 2.6       | 58. RO 1/1 Salto Bwd Tuck            | 2.8  |
| 08. Yurchenko tu 1/2                      | 2.4 | 35. RO 1/2 salto fw tu 1/2                 | 3.0       | 59. RO 1/1 Salto Bwd Pike            | 3.0  |
| 09. Yurchenko tu 1/1                      | 2.8 | 37. RO 1/2 Salto fw Pike                   | 3.0       | 60. RO 1/1 salto bwd tu 1/2          | 3.0  |
| 10. Yurchenko tu 3/2                      | 3.2 | 38. RO 1/2 salto fw p 1/2 (Nemov)          | 3.4       | 61. RO 1/1 salto bwd tu 1/1          | 3.4  |
| 11. Yurchenko tu 2/1                      | 3.6 | 39. RO 1/2 Salto fw Straight               | 3.8       | 62. RO 1/1 salto bwd tu 3/2          | 3.8  |
| 13. Yurchenko Pike                        | 2.4 | 40. RO 1/2 salto fw str 1/2 (Hutcheon)     | 4.2       |                                      |      |
| 14. Yurchenko Straight                    | 3.2 | 41. RO 1/2 salto fw str 1/1                | 4.6       | 67. RO 1/1 Salto Bwd Str (Scherbo)   | 3.8  |
| 15. Yurchenko str 1/2                     | 3.6 | 42. RO 1/2 salto fw str 3/2                | 5.0       | 68. Scherbo 1/2                      | 4.2  |
| 16. Yurchenko str 1/1                     | 4.0 | 43. RO 1/2 salto fw str 2/1                | 5.4       | 69. Scherbo 1/1                      | 4.6  |
| 17. Yurchenko str 3/2                     | 4.4 | 44. RO 1/2 salto fw str 5/2 (Li Xiao Peng) | 5.8       | 70. Scherbo 3/2                      | 5.0  |
| 18. Yurchenko str 2/1                     | 4.8 |  |           | 71. Scherbo 2/1 (Shirai 3)           | 5.4  |
| 19. Yurchenko str 5/2 (Shewfelt)          | 5.2 | 49. RO 1/2 Dbl salto fw tu                 | 5.4       | 72. Scherbo 5/2                      | 5.8  |
| 20. Yurchenko str 3/1 (Shirai/Kim)        | 5.6 |  |           |                                      |      |
| 21. Yurchenko str 7/2 (Shirai 2)          | 6.0 |  |           |                                      |      |
|   |     | <b>Second Vault Rules</b>                  |           | <b>Other Vault Rules</b>             |      |
| 25. Yurchenko Salto Bwd tu (Melissanidis) | 5.2 | Repeating 1st Vault                        | Score 0.0 | More than 2 vaults during warm-up    | -0.3 |
|   |     | Repeating 1st V. Group                     | -2.0      | Additional approach (any vault)      | -1.0 |
| 26. Melissanidis Pike (Yang Wei)          | 5.6 | Vault Final score = Average of 2 vaults    |           | More than 25 meters                  | -0.5 |





## Color Coding Key & Rules to Remember

Tables are organized as closely to the Code of Points as possible.

Page breaks are notated

Occasionally, a page was slightly compressed to accommodate space limitations

| <b>Floor 2022</b>   |  |
|---|--|
| Maximum 2 Strength Elements   | Special Floor Requirements (Penalty: -0.3)<br>Double salto<br>Pass to and from each corner<br>No more than 3 times in a row on same diagonal |
| Maximum 2 Circle-type Elements  |  |
| Connection Bonus (no limit on amount)<br>Must be among the counted elements |  |

| <b>Pommel Horse 2022</b>                              |  |
|---|--|
| Maximum 2: Full Spindle Elements                      | Maximum 2: Handstand Elements<br>(Not including Dismount)                            |
| Maximum 2: 3/3 Travel with Spindle Elements           |  |
| Maximum 2: 3/3 Cross Travel Elements                  | Maximum 2: Russian Wendeswings<br>(Only 1 on leather on end)                         |
| Maximum 2: Russian Travel Elements                    |  |
| Maximum 2: Sohn-type Elements (incl. flops & to HS)   | Special Pommel Horse Requirements (Penalty: -0.3)<br>Use of all 3 parts of the horse |
| Maximum 2: Bezugo-type Elements (incl. flops & to HS) |  |

| <b>Rings 2022</b>                        |  |
|--|--|
| Maximum 2 Guczoghy-Forbidden for Juniors | Final hold position may only be shown once per<br>Element Group  |
| Swing to Handstand Elements              |  |
| Elements permitted with bent arms        | Special Rings Requirements (Penalty: -0.3)<br>Swing to Handstand |

| <b>Vault 2022</b>                                  |   |
|--|---|
| Second Vault Rules                                 | Other Vault Rules                             |
| Repeating 1st Vault                      Score 0.0 | More than 2 vaults during warm-up    -0.3     |
| Repeating 1st V. Group                      -2.0   | Additional approach (any vault)        -1.0   |
| Vault Final score = Average of 2 vaults            | More than 25 meters                      -0.5 |

| <b>Parallel Bars 2022</b>                 |                                    |
|---|------------------------------------|
| Upper arm reception-Forbidden for Juniors | Only 1 variation of similar saltos |
| Maximum 2 Giant to Handstand Elements     |                                    |
| Maximum 2 Basket to Handstand Elements    |                                    |

| <b>High Bar 2022</b>               |   |
|------------------------------------|---|
| Maximum 2 Adler Elements           | Connection Bonus (no limit on amount)<br>Must be among the counted elements |
| Maximum 2 Tkatchev/Piatti Elements |   |
| Maximum 2 Kovacs Elements          |   |